









Table of TV and radio programs including NHK, ラジオ福島, 総合テレビ, 教育テレビ, and 福島テレビ. Columns list time slots and program titles.

FM放送 (FM Broadcast) section listing programs on various frequencies like 6.00, 7.00, 8.10, 10.15, and 11.00.

豆腐屋の四季 (Tofu Shop's Seasons) by 福島・夜10:30. A column discussing the author's work and the local tofu industry.

みもの (Mimono) by 福島・夜10:30. A column featuring a portrait of a woman and related text.

素晴らしき代役で (A Perfect Substitute) by 福島・夜10:30. A column discussing acting and the author's experiences.

おやし乾杯! (Cheers, Uncle!) by 福島・夜10:15. A column with a portrait of a man and text about family and social issues.

あすの運勢 (Tomorrow's Fortune) by 福島・夜10:15. A column providing horoscopes for the following day.

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岡田ファミリー (Okada Family) advertisement for frozen foods. Text: 非常にべんりでおいしい近代的な冷凍食品を 皆さまのお台所まで お届けいたします.

田村ムセン (Muramura Sen) advertisement for home appliances like heating and cooling systems.

タカツ写真店 (Takatsu Photo Shop) advertisement for DPE color printing services.

井苅 整形外科 医院 (Inari Plastic Surgery Hospital) advertisement listing services like neurology and orthopedics.

松月堂 (Matsuki-do) Christmas cake advertisement. Features a large image of a cake and a price list for various sizes and flavors.

TOYOTA advertisement for the Golden Carolla. Text: このボーナスが... ゴールデン・ニュー・カローラ1200.

Special advertisement for a shoulder treatment. Text: たれしも「前肩」です... 特殊裁断... 前肩に着目した.





